Explore Black history in Washington, DC from the Civil War to present day. This four-day itinerary discusses the 400-year-long struggle for freedom and equality through the region's hallmark institutions.
Explore the museum exhibitions
Visit the Learning Lab and immerse yourself in the historical, scientific, musical and artistic experiences of African Americans
Continue your discussion with resources on Talking About Race

Take in over 400 years of black history at the Smithsonian National Museum of African American History and Culture

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Visit George Washington’s Mount Vernon

- Learn about the estate’s enslaved men, women and children
- Hear enslaved people’s personal stories in the video “Lives Bound Together: Slavery at George Washington’s Mount Vernon”
- Conduct the Concept of Ownership lesson plan

Make your voice heard at the Frederick Douglass House

- Meet abolitionist Frederick Douglass through the site video
- Take a self-guided virtual tour of the house
- Research Douglass’ famed orations, record yourself reciting your favorite, and add your words to the fight for equality
**Virtual Itinerary**

**Day 2**

**Honor Prominent African Americans at Arlington National Cemetery**
- Walk the cemetery’s Black history virtually with a self-guided tour.
- Remember contributions of African American soldiers buried at the cemetery, including civil rights activist Medgar Evers.
- Watch a brief video honoring the significance and reasoning behind Evers’ activism.

**Discover the Emancipation Proclamation at President Lincoln’s Cottage**
- Join the debate on emancipation.
- Read and understand the impact of the Emancipation Proclamation.

**Learn About the Civil War at Ford’s Theatre**
- Get the facts about Lincoln’s Assassination.
- Explore the impact on the nation.
- Consider the effect the assassination had on Reconstruction.

**Explore a New Perspective During a Peace Trail Monuments Tour**
- Take a virtual walk of the National Mall with the Institute of Peace and Guild of Professional Tour Guides Peace Trail.
- Reflect at the Martin Luther King, Jr. Memorial.
- Listen to the “I Have a Dream” speech at the Lincoln Memorial.
- Utilize the Peace Trail Activity Book.
**DISCOVER FREEDOM AT THE U.S. CAPITOL**
- Step into the U.S. Capitol with a guided virtual tour
- Discover African Americans in art throughout the building, including the Slave Labor Commemorative Marker
- Learn the story of Philip Reid and the Capitol's Statue of Freedom
  - Download the lesson plan, "Philip Reid and Freedom," for further discussion

**GAZE AT BLACK PORTRAITS AT THE SMITHSONIAN NATIONAL PORTRAIT GALLERY**
- View the portrait of President Barack Obama within the America’s Presidents virtual exhibit
- Discover portraits through online exhibits on the following topics:
  - Portraits of African Americans
  - The Struggle for Justice
  - Winold Reiss & the Harlem Renaissance

**WALK THE GROUNDS OF HOWARD UNIVERSITY**
- Explore the significance of Howard’s history as a prestigious Historically Black College and University in the United States
- Join the student body on a guided virtual tour of campus

**FEEL THE BEATS OF 'BLACK BROADWAY' AT BEN’S CHILI BOWL**
- Watch a video on the history of the iconic restaurant and U Street, once known as 'Black Broadway'
- Take an audio or self-guided neighborhood tour with Cultural Tourism DC
- Make your own half-smoke at home
- Listen to the late Chuck Brown play Go-Go, the official music of Washington, DC
TOUR THE AFRICAN AMERICAN CIVIL WAR MEMORIAL AND MUSEUM

- Watch a video summary of Black Soldiers during the Civil War
- Learn more with a crafted lesson plan on Civil War to Civil Rights

CELEBRATE DC MURAL ART

- Create your own tour with MuralsDC
- Walk the DC streets with mural artist, Aniekan Udofia
- Watch MuralsDC help create the Black Lives Matter mural

VISIT BLACK LIVES MATTER PLAZA

- Read an article on why the demonstrations began
- Understand the statement the mural makes as part of the movement
- Watch why DC's Mayor, Muriel Bowser, commissioned the mural
- Learn with the Freedom Forum Institute why we need to protect First Amendment rights